



Discover·Explore·Empower

## **MINNESOTA MENTAL HEALTH BILL OF RIGHTS**

Consumers of marriage and family therapy or professional counseling services offered by marriage and family therapists or professional clinical counselors licensed by the State of Minnesota have the right:

- To expect that a therapist or counselor has met the minimal qualification of training and experience required by state law.
- To examine public records maintained by the state of Minnesota which contain the credentials of a counselor or therapist.  
For LPCC's (or license candidates): the Board of Behavioral Health and Therapy  
For LMFT's (or license candidates): the Board of Marriage and Family Therapy
- To obtain a copy of the code of ethics.  
From the Board of Behavioral Health and Therapy: 2829 University Ave SE, Suite 210, Minneapolis, MN 55414-3222  
From the Board of Marriage and Family Therapy: 2829 University Ave SE, Suite 330, Minneapolis, MN 55414-3222.
- To report complaints to the Board of Behavioral Health and Therapy by calling (612) 617-2178, to the Board of Marriage and Family Therapy at (612) 617-2220.
- Ombudsman for Mental Health and Developmental Disabilities: 121 7<sup>th</sup> Place East, Suite 420, Metro Square Building, St. Paul MN 55101.
- To be informed of the cost of professional services before receiving services
- You, the client, are billed directly for services, or your insurance coverage may be billed with your permission.
- You have the right to receive a summary, in plain language, of the theoretical approach used by us in working with clients.
- You have the right to complete and current information concerning our assessment and recommended course of treatment, including the expected duration of treatment.
- You have the right to expect courteous treatment and to be free from verbal, physical, or sexual abuse by the practitioner working with you;
- To privacy as defined by rule and law
- To be free from being the subject of discrimination on the basis of race, religion, or gender, or other unlawful category while receiving services;
- To have access to their records as provided by Minnesota Statutes, section 144.335, subdivision 2
- To be free from exploitation for the benefit or advantage of the therapist or counselor.

- You have the right to choose freely among available practitioners, and to change practitioners after services have begun, within the limits of health insurance, medical assistance, or other health programs.
- You have a right to coordinated transfer when there is a change in the provider of services.
- You may refuse services or treatment, unless otherwise provided by law.
- You may assert these and other rights without retaliation.
- You have the right to confidentiality, unless you report to be in danger to yourself or others. Therapists are mandated reporters and by law are required to report to appropriate agencies if you are suicidal, homicidal, or being abused by someone. A judge can also court-order files without a Release of Information.